8 Appointment Types (on AMSConnect app, under “Perinatal Care”)
BOOKING GUIDE - Dr Mel Mapleson

Have you recently had a baby?

NO

Are you pregnant?

NO

Are you preparing to conceive or having trouble conceiving?

“Pregnancy Planning / Fertility Consult” — 30 MINS

YES

Is this your first doctor’s visit in this pregnancy?

“Pregnancy [First Visit] with Dr Mel” — 45 MINS

OR

Routine, follow-up, or Shared Care appointment?

“Pregnancy [Routine Antenatal]” — 15 MINS

OR

Preparing for breastfeeding?

“Before Birth Breastfeeding Preparation [45 Minutes]” — 45 MINS

YES

Comprehensive 90-minute visit for concerns such as:

Baby feeding | nipple pain and damage | slow weight gain | milk supply | newborn wellness | reflux | CMPI | unsettled behaviour | sleep and settling | birth recovery | early parenting | relactation

“Breastfeeding & Baby Care Full Consult [90 Mins]” — 90 MINS

Following up on a 90 min visit to check progress & refine plan?

“Breastfeeding & Baby Care Follow Up [30 Minutes]” — 30 MINS

OR

Single, uncomplicated issue such as:

Mastitis | nipple bleb or white spot | weaning advice | pump fitting | starting solids

“Brief Breastfeeding Visit [30 Minutes]” — 30 MINS

OR

Routine New Baby Check (NSW Blue Book)

“Newborn Health Check 1-4 Weeks [45 Mins]” — 45 MINS